

The Junior Premier Sports League will follow the FIFA “Laws of the Game” except as provided, herein.

LENGTH OF GAMES, OVERTIME PERIODS AND BALL SPECIFICATIONS

GRADE DIVISION	GAME LENGTH	OVERTIME PERIOD	BALL SIZE
Preschool (age 4)	10 minute quarters	None	#3
K/1st grade Girls’	10 minute quarters	None	#3
K/1st grade Boys’	10 minute quarters	None	#3
2nd/3rd grade Girls’	12 minute quarters	See Playoff Rules	#4
2nd/3rd grade Boys’	12 minute quarters	See Playoff Rules	#4
4th/5th grade Girls’	12 minute quarters	See Playoff Rules	#4
4th/5th grade Boys’	12 minute quarters	See Playoff Rules	#4
Middle School Girls’	25 minute halves	See Playoff Rules	#5
Middle School Boys’	25 minute halves	See Playoff Rules	#5

OVERTIME

There is no overtime for regular season games. During the postseason tournament for athletes in the 2nd grade and up, in the event of a tie at the end of regulation, the game goes directly to penalty kicks.



GOAL AND FIELD DIMENSIONS

GRADE DIVISION	FIELD LENGTH	FIELD WIDTH	GOAL SIZE
Preschool (age 4)	40 yards	25 yards	10'x5'
K/1st grade Girls'	40 yards	25 yards	10'x5'
K/1st grade Boys'	40 yards	25 yards	10'x5'
2nd/3rd grade Girls'	60 yards	35 yards	12'x6.5'
2nd/3rd grade Boys'	60 yards	35 yards	12'x6.5'
4th/5th grade Girls'	60 yards	35 yards	12'x6.5'
4th/5th grade Boys'	60 yards	35 yards	12'x6.5'
Middle School Girls'	80 yards	45 yards	24'x8'
Middle School Boys'	80 yards	45 yards	24'x8'



PLAYERS PER SIDE AND ROSTER RECOMMENDATIONS

GRADE DIVISION	PLAYERS PER SIDE	ROSTER SIZE
Preschool (age 4)	5 with no goalie	10 players max
K/1st grade Girls'	5 + goalie	12 players max
K/1st grade Boys'	5 + goalie	12 players max
2nd/3rd grade Girls'	6 + goalie	14 players max
2nd/3rd grade Boys'	6 + goalie	14 players max
4th/5th grade Girls'	6 + goalie	14 players max
4th/5th grade Boys'	6 + goalie	14 players max
Middle School Girls'	8 + goalie	16 players max
Middle School Boys'	8 + goalie	16 players max

SUBSTITUTIONS

Substitutions may be made, with the consent of the referee, at any stoppage of play.

MULTIPLE ROSTERING

Student-athletes are only permitted to be rostered on ONE team the duration of the season.

GRADE LEVEL ASSIGNMENT

Student-athletes are encouraged to compete at their current grade level. In certain situations a player, based on their skill level and/or their size, may “play up” with the next higher grade division. This decision is at the discretion of the athletic director at his/her school. **IT IS NEVER** permitted for a student-athlete to compete in a lower grade division.

PLAYING TIME

Coaches are encouraged to allow each team member to play in half of each match. This **IS NOT** an enforced rule, but is in the best interest of the developing athlete.

HEADING

Heading is **ONLY** permitted in the Middle School Division. These players are permitted to head the ball in any match or competition. These student-athletes may practice heading the ball in an organized team practice or skill session, but coaches shall monitor this practice so that no single player heads the ball more than 25 times per week, regardless of setting.

Players in the lower grade divisions shall not head the ball directly from the air in any match or competition, nor shall these players practice heading the ball in any organized team setting. If a player in the lower grade divisions deliberately heads the ball in a match, the referee shall award an indirect free kick to the opposing team at the spot of the infraction. If the heading occurs within the penalty area, the referee shall move the ball outside the penalty area and award an indirect free kick to the opposing team.

SUSPICION OF HEAD INJURY

In the event of a head injury during a match or competition, the coach must immediately remove the student-athlete from the match. The player may not return to compete until cleared by a medical professional.

CODE OF CONDUCT

All coaches, players, and parent spectators are required to show respect for the game, for the equipment, for the opposition and their fans, and for the game officials. It is the responsibility of the head coach to ensure that all his/her assistant coaches, players, and parent spectators are behaving in an appropriate manner before, during, and at the conclusion each match. Any coach, player, or parent spectator found by a game official or league representative to be in violation, will receive the following:

1st offense - verbal and/or written warning

2nd offense - one game suspension

3rd offense - removal from the league

Junior Premier Sports reserves the right to immediately escalate the penalty in the event of behavior warranting a greater penalty. This decision will be at the discretion of Junior Premier Sports, with input from each of the schools represented in the league.

UPDATED 9-13-23